







- Fresh seafood curry in coconut milk (Lobster, shrimp or fish).
- Served with roasted mixed vegetables, white rice OR rice and beans.

# CEVICHE. \$10

- Spicy and zesty seafood ceviche with your choice of Lobster or shrimps.
- Toasted coconut bread or fried plantains chips or breadfruit fries (seasonal).

# ISLAND RON DON. \$20

- Freshly caught seafood (fish, lobster, shrimp, conch), tender vegetables, and aromatic spices gently simmered in a rich, creamy coconut milk base.
- VEGAN OPTION Without seafood. must be ordered in advance.

# **VEGAN CURRY BOWL. \$8**

• Roasted mixed seasonal vegetables in fresh coconut milk curry served with white rice or rice & beans and toasted coconut bread.

# VEGAN BOWL IN CREAMY PEANUT SAUCE. \$8

 Roasted mixed seasonal vegetables tossed in a warm chilli-lime peanut sauce served with white rice or rice and beans. Add Shrimp or Lobster \$5

# **SPICY THAI NOODLES. \$8**

- Stir-Fry mixed vegetables and fresh herbs with Egg noodles in soy sauce and sesame chilli oil.
- Add Shrimp or Lobster \$5

# **ISLAND STYLE BOCA. \$12**

- Crispy spicy seasoned chicken breast OR fresh whole fish, fried in fresh coconut oil served over plantain chips, and cabbage salad. Grilled option available
- Options chicken breast OR fresh catch of the day

### **SEAFOOD TACOS. \$9**

- Two warm flour tortilla topped with your choice of grilled Lobster, Shrimp, or Fish, topped with cabbage salad, pickled red onions and a zesty, spicy pico de gallo.
- Mix any two options for additional \$3

# **VEGAN TACOS. \$7**

• Two warm flour tortilla stuffed with rice & beans, corn, green peppers, cabbage salad, pickled red onions, and spicy pico de gallo.

### **VEGAN QUINOA SALAD. \$9**

• Quinoa, cucumber, cilantro, green pepper, red onion, tomatoes tossed in a zesty lemon and olive oil dressing or balsamic vinaigrette.





















# SERVED WITH HOT COFFEE OR FRESH TROPICAL JUICE

### ISLAND BRUNCH. \$7

 Two fried eggs, tropical fruits & papaya salad, fresh coconut bread, white nicaraguan cheese (optional) and rice and beans.

## **VEGAN BRUNCH. \$6**

• Warm oats topped with granola, chia seed, peanut butter, caramelized peanuts and toasted coconut flakes topped with tropical fruits.

# **CRUNCHY GRILLED CHEESE SANDWICH. \$7**

 fresh coconut bread lightly buttered on the outside and stuffed with cheddar cheese and toasted to perfection. Side of seasonal fruits. Add Bacon \$3

# **CLASSIC FRENCH BRUNCH. \$7**

- French Toast made with fresh coconut bread topped with granola, caramelized peanuts and coconut flakes.
- Side of caramelized star fruit marmalade and seasonal tropical fruits.

### TROPICAL ISLAND SALAD. \$6

- Mixed organic greens, watermelon, mint, cucumber, purple onions, papaya, and orange tossed in a balsamic dressing and topped with nicaraguan cheese, avocado (seasonal) and caramelized peanuts. Served with fresh, toasted coconut bread or plantain chips.
- Vegan option without cheese.

# **VEGETARIAN QUESADILLAS. \$6**

- Two flour tortillas with homemade black beans, corn, green pepper, diced tomatoes, jalepaños fresh herbs and red onions, melted cheese (optional) and a side of spicy pico de gallo
- Vegan option\*no cheese.

# **ISLAND BREAKFAST BURRITO. \$6**

• Fluffy scrambled eggs with hearty beans, diced tomatoes, red onions, fresh herbs, all wrapped in a warm tortilla with nicaraguan cheese (optional).

### FALAFEL WRAP. \$9

 Chickpeas balls seasoned with fresh herbs, garlic and red onions, fried in coconut oil and wrapped in a warm flour tortilla, topped with tomatoes, cabbage salad and spicy pickles.

# SNACKS. \$4

- Tropical fruit salad
- · Fresh toasted coconut bread with peanut butter and fruit marmalade
- · Plantain chips with spicy pico de gallo
- · Veggie sticks with chili black bean dip
- Gallo Pinto (rice and beans cooked with fresh coconut milk)
- · Falafel balls with tahini dip and spicy pickles (3 balls)



TRAVELLER
ISLANDS

AS FEATURED IN